

Suggested use

1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired). The sustained-release caplets are designed to break down in the digestive tract over approximately four hours, gradually delivering the nutrients for optimal absorption, so spreading the caplets out throughout the day helps ensure a continuous supply of nutrients.* People typically notice a difference within a few days of taking Super Adrenal Stress Formula regularly.* For more information about using Super Adrenal Stress Formula in combination with other supplements formulated by Dr. Wilson for adrenal fatigue and stress, see Dr. Wilson's Program for Adrenal Fatigue at adrenalfatigue.org.

Companion products by Dr. Wilson:

During Adrenal Fatigue

Super Adrenal Stress Formula works optimally with Adrenal C Formula[®], Adrenal Rebuilder[®] and Herbal Adrenal Support Formula[®] as part of Dr. Wilson's Program for Adrenal Fatigue to comprehensively support adrenal health.*

During Stress Response System Overdrive

Super Adrenal Stress Formula works optimally with Adrenal C Formula[®], Good Sugar[®], and Herbal HPA[™] as part of Dr. Wilson's Program for Metabolic and Blood Sugar Balance to support adrenal function, and promote blood sugar and metabolic balance.*

Quality you can trust

Expertly formulated by a physician, Super Adrenal Stress Formula contains only high quality ingredients and is manufactured in accordance with the FDA's current Good Manufacturing Procedures (cGMP) to assure purity, potency and quality.

Supplement Facts

	Amount Per Serving	%Daily Value
Vitamin A (as palmitate)	2,000 IU	40%
Vitamin C (as ascorbic acid, magnesium, zinc, manganese and potassium ascorbates)	308 mg	513%
Vitamin E (as mixed tocopherols)	16 IU	53%
Thiamine (vitamin B1 as thiamine HCl)	5 mg	333%
Riboflavin (vitamin B2 as riboflavin HCl & riboflavin-5-phosphate)	5 mg	294%
Niacin (vitamin B3 as inositol hexanicotinate)	26 mg	130%
Vitamin B6 (as pyridoxine HCl & pyridoxal-5-phosphate)	30 mg	1500%
Folate (as folic acid)	200 mcg	50%
Biotin	200 mcg	67%
Pantothenic Acid (as D-calcium pantothenate)	240 mg	2400%
Magnesium (as ascorbate/citrate)	40 mg	10%
Zinc (as ascorbate)	3 mg	20%
Selenium (as selenomethionine)	10 mcg	14%
Copper (as glycinate chelate)	0.2 mg	10%
Manganese (as ascorbate)	2 mg	100%
Potassium (as ascorbate)	1 mg	< 1%
Chromium (as trivalent chromium chloride)	200 mcg	167%
Proprietary Blend	150 mg	‡
citrus bioflavonoids, inulin (from organically grown agave), para-aminobenzoic acid (PABA), L-5 hydroxytryptophan (5-HTP), kelp, choline bitartrate, alfalfa juice.		

‡ Daily Value not established

Other Ingredients: stearic acid, dicalcium phosphate, cellulose, carbomer, magnesium stearate, pharmaceutical glaze.


Doctor Wilson's
Original Formulations[®]

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www.adrenalfatigue.org


Doctor Wilson's
Original Formulations[®]

Super Adrenal Stress Formula[®]

Nutrients to support energy and health during times of stress and adrenal fatigue*



Formulated by
Dr. James L. Wilson

Please rush deliver to me more of this wonderful product and thank you for formulating it in the first place! — Judith W.

“I created Super Adrenal Stress Formula to provide an optimal combination of the specific nutrients essential to support adrenal function, promote normal adrenal hormone production and enhance energy during times of stress or adrenal fatigue.

The results have been fantastic!”*

— Dr. James L. Wilson

Super Adrenal Stress Formula®

This physician formulated, vegetarian supplement is designed to nutritionally replenish the glands, tissues and systems depleted by stress.* Expertly balanced, it combines special forms and carefully synergized proportions of vitamins and minerals essential to healthy, normal stress response function, adrenal hormone production, energy and stress resilience.* The caplet’s unique, integrated sustained release design gradually discharges the nutrients along the digestive tract over a period of 3-4 hours to promote optimal absorption and cellular utilization.*

Why Dr. Wilson created Super Adrenal Stress Formula

After decades of clinical research to find the most effective solutions for stress, Dr. Wilson formulated Super Adrenal Stress Formula as the core comprehensive nutritional supplement for his stress programs, including his Program for Adrenal Fatigue and Dr. Wilson’s Program for Metabolic and Blood Sugar Balance. Designed to work naturally to help strengthen and sustain the stress response system, especially adrenal function, Super Adrenal Stress Formula also provides nutritional support to the other glands, organs and systems affected by stress.* For people experiencing adrenal fatigue, it works optimally in combination with the other core products in Dr. Wilson’s Program for Adrenal Fatigue (Adrenal C Formula®, Adrenal Rebuilder®, Herbal Adrenal Support Formula®) to fully promote adrenal hardiness and enhance stress resilience.*

For people experiencing metabolic stress, this versatile formula combines successfully with the products in Dr. Wilson’s Program for Metabolic and Blood Sugar Balance (Good Sugar®, Herbal HPA™, Adrenal C Formula®) to help promote physiological balance and support health when the stress response system is in overdrive.*

Who Super Adrenal Stress Formula is designed for

Dr. Wilson created Super Adrenal Stress Formula especially for people who are experiencing issues related to stress, including adrenal fatigue and the metabolic consequences of a high stress load.*

The stress response system and adrenal hormones

Your body has the same physiological response to every stress, whether the stressor is outside, like rush-hour pollution, or inside, like anxiety about being on time. This response energizes and prepares you for physical action – even though you can seldom use physical action to deal with most 21st century stressors. Much of your physiological stress response relies on adrenal hormones – primarily cortisol, which affects every process in your body, including energy production, immune activity, cellular maintenance and repair, gastrointestinal and cardiovascular function, sleep cycles, menstruation, libido, mood and mental focus. With every stress response, your adrenals must produce the right amounts of hormones to generate energy, gear up your body for action and biochemically adjust the activity of almost every other physiological system. When stress is frequent or prolonged, your adrenal glands must work hard to manufacture adequate hormones to help you cope with stress and maintain homeostasis. If your adrenals become fatigued and cannot produce adequate stress hormones, various biochemical changes occur that can deplete your energy and negatively affect other systems in your body. Adrenal resilience, i.e., your adrenals’ ability to rebound from stress and continue making adequate amounts of hormones, is vital to your wellbeing.

How Super Adrenal Stress Formula supports adrenal resilience

Stress uses up nutrients needed by glands, organs and systems throughout your body, but especially your adrenal glands. Making adrenal hormones is a complicated sequence and every step requires exact amounts of particular nutrients in precise ratios. If even one nutrient is deficient or missing, your adrenal glands cannot manufacture and secrete the necessary quantities of hormones to maintain optimum stress resilience, energy and homeostasis. The average diet may not supply large enough quantities of these specific nutrients to balance stressful lifestyles.* Super Adrenal Stress Formula is expertly formulated to make it as easy as possible to provide the nutrients your adrenals need to function well.* Every specially selected nutrient is delivered in its optimal form and proportion for use in the adrenal hormone production cascade, and released gradually along the digestive tract for maximum absorption and cellular utilization.* When your adrenal glands are properly nourished and supported, they are better able to rebound from adrenal fatigue and are more resilient to stress. Their ability to produce balanced amounts of stress hormones is essential for maintaining health and energy, especially in stressful times.

Energy support without stimulants

People often feel energized when taking Super Adrenal Stress Formula, and it naturally enhances energy in several ways:* It supplies optimal ratios of B vitamins essential for the metabolism of carbohydrates into glucose (the cellular fuel for physical and mental energy).* It also supports balanced cortisol levels integral to energy generation.* Stimulants like caffeine may make people feel temporarily better, but they can overwork the adrenals, use up their nutrient reserves and eventually wear them down. Super Adrenal Stress Formula does not contain any stimulants because it is designed to support adrenal health and naturally promote steady energy.*