

## Does Nat-Stim have any side effects?

We have only ever received comments about beneficial side effects associated with Nat-Stim. In safety tests conducted before Nat-Stim became available, test animals were given the equivalent of 5,000 doses/day for 4 months without any detrimental side effects. Millions of doses have been consumed annually without a single detrimental side effect reported.\*

## Suggested use

Take 1 capsule a day with water or juice 30 minutes before breakfast or on an empty stomach, or as otherwise directed by your health practitioner. If swallowing capsules is difficult, open the capsules and mix the mild tasting contents into any beverage or soft food. After taking it regularly for 3 months, most people can usually switch to half the daily amount and still maintain good immune enhancement.\* For best results take consistently throughout the year, and especially when extra immune support is desired. If you need more immune support, take double the normal amount.\*

## Companion Products by Dr. Wilson

When an quick, temporary immune boost is desired, take with **Body-Guard®**. For children and people who cannot swallow capsules, use **Super Immune Space Sprinkles™** instead.

*During Adrenal Fatigue:* Nat-Stim works well with the products in Dr. Wilson's Protocol for Adrenal Fatigue: **Adrenal C Formula®**, **Adrenal Rebuilder®**, **Super Adrenal Stress Formula®** and **Herbal Adrenal Support Formula®** to enhance immune function during adrenal fatigue.\*

*During Stress:* Nat-Stim works well with the products in Dr. Wilson's Program for Metabolic and Blood Sugar Balance: **Adrenal C Formula**, **Good Sugar®** and **Herbal HPA™** to enhance immune function during stress.\*

## Quality you can trust

Expertly formulated by a physician, Nat-Stim contains only high quality ingredients and is manufactured in accordance with the FDA's current Good Manufacturing Procedures (cGMP) to assure purity, potency and quality.

Supplement Facts		
Serving Size 1 capsule	Servings Per Container 45	
	Amount Per Serving	% Daily Value
Zinc (as gluconate)	5 mg	33%
Proprietary Blend	30 mg	‡
Lactobacillus Bulgaricus (min 10 billion CFU/gm). Lactobacillus Bulgaricus cell wall fractions (including: exopolysaccharide, lipoteichoic acid, peptidoglycan, murein, N-acetyl D-glucosamine, N-acetylmuramic acid)		

‡ Daily value not established

**Other Ingredients:** Rice Powder, Vegan Capsules, Magnesium Stearate, Water

**DAIRY-FREE VEGAN** Contains **NO** egg, sugar, salt, wheat, gluten, nuts, yeast, corn, soy, or artificial coloring, flavoring or preservatives.



90-Day  
Unconditional  
Guarantee

Tell us how Nat-Stim has helped you!  
[cs@drwilsons.com](mailto:cs@drwilsons.com)

To learn more about stress and health, please visit  
[adrenalfatigue.org](http://adrenalfatigue.org)

**Doctor Wilson's**  
Original Formulations®

Toll-free US & Canada  
**1-888-ADRENAL (237-3625)**  
[drwilsons.com](http://drwilsons.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**Doctor Wilson's**  
Original Formulations®

# Nat-Stim®

The immune booster that  
keeps on going\*



Developed by Scientists,  
Formulated by Physicians

*Today I recommend Nat-Stim to just about all of my patients and I have witnessed some truly amazing results. - Dr. Sandra L.*

*“I’ve seen such dramatic differences in my patients’ immune function since I began recommending Nat-Stim. As my youngest son said, ‘Dad, I never want to be without Nat-Stim® again!’”*

— Dr. James L. Wilson

## Nat-Stim

Nat-Stim is a very unique, **NAT**ural immune **STIM**ulator developed by European scientists affiliated with the World Health Organization. Using a novel, proprietary method that took years to perfect, they derived immune enhancing cell wall fractions from a special strain of *Lactobacillus bulgaricus*, a naturally occurring friendly bacterium found in the intestinal tract and in some probiotic foods like yogurt. They combined these cell wall fractions to produce Nat-Stim, a powerful immune booster with the ability to help build and continuously support healthy immune function for optimal immune defense.\*

## What Nat-Stim does

Nat-Stim is designed to be an aid to staying well.\* It is formulated to strongly support and enhance both specific and general aspects of immune function necessary for maintaining health, and to help promote reliable, vigorous immune function, especially in the lungs, bronchi, throat, nose and intestines.\* This outstanding product is in a class of its own because of its ability to work so naturally and effectively with the body’s own immune processes in a way that deepens over time and provides long term support for healthy immune function.\* In our experience, the longer Nat-Stim is taken regularly the better it works.\* In addition, because Nat-Stim helps promote a strong immune response, it also helps cut down recovery time.\*

## Stress and Immune Function

Stress has a direct effect on immune function via the adrenal stress hormone, cortisol. During stress your body shifts resources and energy away from all activities not explicitly involved in surviving the immediate stressor. This includes many normal immune activities. However, a certain amount of cortisol is necessary to stimulate immune function and to decrease inflammation. If your adrenal glands are fatigued, adrenal hormone output may be too low to optimally stimulate this immune activity.\* In addition, any illness creates an added stress on your adrenal glands, making it harder for fatigued adrenals to recover.\* On the other hand, if cortisol becomes or remains high due to stress, it suppresses immune activity. Consequently, both adrenal fatigue and stress can have a negative impact on immune function, making staying well an extra challenge.

## How Nat-Stim helps maintain health

The secret to maintaining health is to have vigorous immune function, especially in the lungs, bronchi, throat, nose and intestines.\* Nat-Stim is designed to promote strong, reliable immune response in all these areas.\* It safely supports both cellular and humoral aspects of the immune system, giving it a broad scope of enhancement that continues to deepen over time.\* Nat-Stim is not a pharmaceutical and does not work like a drug. It helps invigorate, build up and support the body’s own immune processes naturally for optimal immune protection, even when taken for extended periods.\* It is designed for regular, daily use to help maintain health without losing its effectiveness over time.\*

## What makes Nat-Stim unique

Nat-Stim is exceptional in that over time it helps naturally build and support many specific and general aspects of immune function necessary for maintaining health.\* It is designed for regular, daily use to help maintain immune strength and vigor, even when taken for extended periods.\*

## Who Nat-Stim is designed for

Regular use of Nat-Stim can be very beneficial to anyone who wants to strengthen, support and maintain healthy immune function in a safe, natural way.\*

## How quickly will Nat-Stim begin to work?

Although there have been reports of Nat-Stim making a noticeable difference in as little as 2 days, and some results are often seen within 10 days, we find it usually takes about 2 weeks to begin working effectively.\* Taken daily, Nat-Stim continues to build immune strength and function.\* After 3 months, we have found that most people can decrease their intake by half and still maintain the same level of results.\*

## Can I take Nat-Stim when I am well?

Yes, Nat-Stim actually works best when a person is well, continually strengthening the immune system and getting it ready for challenges.\* Remaining well requires healthy immune function, and Nat-Stim promotes vigorous and effective immune function necessary to maintaining good health.\* Just remember that it takes several weeks of regular use to work optimally.\* Many people simply choose to use it daily to help strengthen their overall immune function.\*

## Can I take Nat-Stim when I am sick?

Healthy immune function helps decrease the duration and severity of ongoing infections, and Nat-Stim supports strong immune function, especially in the lungs, bronchi, throat, nose and intestines.\* At such times, larger daily amounts are recommended for optimal results.\*

## Does Nat-Stim lose its effectiveness over time?

Nat-Stim is designed to continue to support healthy immune function, even when taken daily for years.\* In fact, regular long term use produces optimal results.\*