

Tissue Health During Stressful Times*

Vitamin C is an important factor in creating and maintaining healthy tissues such as skin, hair and nails. Stress uses up vitamin C and other nutrients essential for tissue building. Adrenal C Formula works with Hair, Skin & Nails Plus Formula™ to increase the nutrients available to support healthy tissue health formation.*

Suggested use

1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired). The sustained release of nutrients in each caplet lasts for approximately 3-4 hours, so spreading the caplets out throughout the day helps ensure a steady, continuous supply of vitamin C, minerals and bioflavonoids.* The nutrients inside each carefully formulated caplet are used by your body every day to help maintain overall health.* For more information about using Adrenal C Formula during adrenal fatigue and in combination with our other exceptional supplements formulated by Dr. James L. Wilson for adrenal fatigue and stress, see Dr. Wilson's Program for Adrenal Fatigue at adrenalfatigue.org.

Quality you can trust

Expertly formulated by a physician, Adrenal C Formula contains only high quality ingredients and is manufactured in accordance with the FDA's current Good Manufacturing Procedures (cGMP) to assure purity, potency and quality.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

Supplement Facts

Serving Size 1 caplet	Servings Per Container 150
Amount per Serving	% Daily Value
Vitamin C (as magnesium, zinc, manganese, potassium and sodium ascorbates)	580 mg 967%
Magnesium (as ascorbate)	42 mg 10%
Zinc (as ascorbate)	7.5 mg 50%
Copper (as bisglycinate)	0.5 mg 25%
Manganese (as ascorbate)	3.75 mg 188%
Sodium (as ascorbate)	5 mg < 1%
Potassium (as ascorbate)	1 mg < 1%
Citrus Bioflavonoids	300 mg ‡

‡Daily Value not established

Other Ingredients: Stearic Acid, Dicalcium Phosphate, Cellulose, Magnesium Stearate, Inulin, Pharmaceutical Glaze

This is a **DAIRY-FREE** and **VEGAN** product. It contains **NO** animal products, milk, egg, sugar, salt, wheat, gluten, nuts, yeast, corn, soy, or artificial coloring, flavoring or preservatives.


Doctor Wilson's
Original Formulations®

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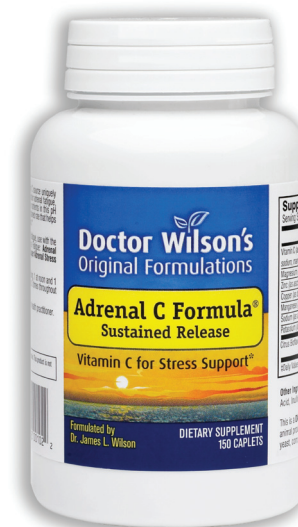
www.adrenalfatigue.co.nz

www.adrenalfatigue.org


Doctor Wilson's
Original Formulations®

Adrenal C Formula®

Unique vitamin C designed for stress and adrenal fatigue*



Formulated by
Dr. James L. Wilson

Sometimes you think vitamin C is just vitamin C but switching back to the Adrenal C Formula has made all the difference for me! — Carol R.

"I created Adrenal C Formula to provide vitamin C in a special form that the person who is stressed or experiencing adrenal fatigue can use best and benefit from most."*

— Dr. James L. Wilson

Why Adrenal C Formula® is different from other vitamin C supplements

Adrenal C Formula is a unique vitamin C complex formulated by Dr. James L. Wilson especially for people who are experiencing stress and/or adrenal fatigue. This sustained release, buffered, pH balanced formula is designed to help compensate for the metabolic changes that occur during stress or when adrenal fatigue is present.* It helps replenish the extra vitamin C used up during stress as well as the trace minerals and bioflavonoids that help your body optimally utilize vitamin C and handle stress.* Dr. Wilson created Adrenal C Formula because he couldn't find a vitamin C product he felt fully met the specific needs of people who are under stress or who are experiencing adrenal fatigue.

Vitamin C and stress

When you are under stress or experiencing adrenal fatigue, your body uses up vitamin C much more quickly.* Vitamin C is so important to your ability to cope with stress that your adrenal glands have one of the highest concentrations of vitamin C in your body.

Adrenal C Formula benefits

Adrenal C Formula is designed to deliver vitamin C and additional synergistic nutrients in the amounts, forms and proportions your body can best use to function optimally and recover faster during stress.* Its 1:2 ratio of natural bioflavonoids to ascorbic acid enhances the biological activity and utilization of the vitamin C and helps protect your body, especially your adrenal glands, from oxidative damage that occurs during stress.*

Because people experiencing adrenal fatigue tend to be acidic already, there are minerals in Adrenal C Formula to help buffer and reduce the acidity of the ascorbic acid (vitamin C) and make it easier on your stomach.* These specific minerals are also necessary for production of adrenal hormones that allow you to handle and recover from stress.* Adrenal C Formula provides them in ascorbate form, one of the easiest forms for your body to assimilate and use.* A special, integrated sustained release of all the nutrients in this formula helps avoid the rapid rise of vitamin C in your blood and tissues that occurs with regular vitamin C supplements and which normally triggers your kidneys to dump it out through the urine.* This allows your body to make optimum use of the vitamin C and other nutrients so you can respond to and recover from stress better and more completely.* As a result, your body gets what it needs, when it needs it, to help support your health during stressful times.*

Who Adrenal C Formula is designed for

Dr. Wilson created Adrenal C Formula especially for people who have stressful lives. It is an excellent choice for someone currently under stress or who has gone through prolonged/intense stress in the past, is recovering from illness or trauma, or experiencing adrenal fatigue.* Adrenal C Formula is a top quality

supplement that is uniquely complete for stressed bodies.* It is also a superior source of vitamin C for anyone who takes supplemental vitamin C already or who would like to increase their daily intake.* People often comment that this is the only vitamin C supplement they can comfortably take.*

Companion products by Dr. Wilson:

During Adrenal Fatigue

Adrenal C Formula is designed to work with Adrenal Rebuilder®, Super Adrenal Stress Formula® and Herbal Adrenal Support Formula® as part of Dr. Wilson's Program for Adrenal Fatigue to comprehensively support adrenal health during adrenal fatigue.

Blood Sugar and Metabolic Balance During Stressful Times*

When your adrenal glands are working overtime during stressful times, every tissue and process in your body is affected, including sugar metabolism and your cardiovascular system. Adrenal C Formula is designed to team up with Good Sugar®, Super Adrenal Stress Formula® and Herbal HPA™ to promote metabolic and blood sugar balance and help minimize the negative impact of stress on the tissues and systems of your body.*

Immune Support During Stressful Times*

Stress shifts nutrient resources from immune activity, making it harder to maintain strong immunity. Adrenal C Formula can be taken with Nat-Stim®, Super Immune Space Sprinkles™ or Blister-Free Forever™ to help enhance and sustain immune function, even during stressful times.*