

(BSE). The ingredients in Adrenal Rebuilder are all from porcine (hog) sources. Pork is prion free and these free-range hogs are never fed any animal products. So be assured that Adrenal Rebuilder contains no prions.*

Suggested use

1 caplet 3-6 times a day (1 upon rising, 1 at noon and 1 before bed; 1 additional caplet may be taken up to 3 times throughout the day, if desired). The caplets are designed to break down in stages in your digestive tract for optimal absorption, so spreading the caplets out throughout the day helps ensure a continuous supply of nutrients.* Adrenal Rebuilder begins to work right away but people typically notice a difference within 4-6 weeks of regularly taking this supplement.* Because Adrenal Rebuilder is designed to deeply replenish the stress response glands, results appear slowly and some people may give up before having a chance to experience the full benefit.* It is important to allow adequate time for this formula to work properly – a minimum of 6 months to 2 years, depending on how depleted the adrenals are, lifestyle and overall health.* For more information about using Adrenal Rebuilder in combination with other supplements formulated by Dr. Wilson for adrenal fatigue and stress, see *Dr. Wilson's Program for Adrenal Fatigue* at adrenalfatigue.org.

Companion products by Dr. Wilson:

Adrenal Rebuilder is designed to work with Adrenal C Formula®, Super Adrenal Stress Formula® and Herbal Adrenal Support Formula® as part of Dr. Wilson's Program for Adrenal Fatigue to comprehensively support adrenal health during adrenal fatigue.*

Quality you can trust

Expertly formulated by a physician, Adrenal Rebuilder contains only high quality ingredients and is manufactured in accordance with the FDA's current Good Manufacturing Procedures (cGMP) to assure purity, potency and quality.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts		
Serving Size 1 caplet	Servings Per Container 150	
	Amount per Serving	% Daily Value
Proprietary Blend:	910 mg	‡
Porcine glandulars <i>Processed to Remove Hormones</i> (Adrenal, Gonad, Hypothalamus, Pituitary)		
Calcium Glycerophosphate, Inositol		
‡Daily Value not established		
Other Ingredients: Dicalcium Phosphate, Inulin, Magnesium Stearate, Stearic Acid, Modified Cellulose, Pharmaceutical Glaze		
Contains NO milk, egg, sugar, salt, wheat, gluten, nuts, yeast, corn, soy or artificial coloring, flavoring or preservatives.		


Doctor Wilson's
Original Formulations®

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www.adrenalfatigue.org


Doctor Wilson's
Original Formulations®

Adrenal Rebuilder®

Natural building blocks for strong stress gland support*



Formulated by
Dr. James L. Wilson

Your Adrenal Rebuilder is fantastic. I haven't felt this good in years! — Stephanie M.

“I created Adrenal Rebuilder to provide special nutrient building blocks that help revitalize the glands of the stress response system. The results for people experiencing adrenal fatigue and other stress-related issues have been wonderful - even better than I had hoped!”*

— Dr. James L. Wilson

Adrenal Rebuilder®

This unique dietary supplement is composed of carefully balanced amounts of dried extracts from the main glands involved in the stress response (adrenals, gonads, hypothalamus and pituitary). These porcine glandular concentrates are specially processed to remove the hormones and retain important natural building blocks made up of protein structures and other nutrients specific to each gland. Once ingested, these nutritional components become readily available to help structurally fortify and promote healthy, normal function in these same glands in your body.*

Why Dr. Wilson created Adrenal Rebuilder

After decades of clinical research to find the most effective solutions for stress, Dr. Wilson formulated Adrenal Rebuilder to be the cornerstone supplement in his Program for Adrenal Fatigue. Designed to work at the deepest level to help strengthen and sustain adrenal structure and function, it also provides fundamental support to the other glands most affected by stress.* Adrenal Rebuilder works optimally in combination with the other core products in Dr. Wilson's Program (Adrenal C Formula®, Super Adrenal Stress Formula® and Herbal Adrenal Support Formula®) to comprehensively promote adrenal hardiness and enhance stress resilience when experiencing adrenal fatigue.*

Who Adrenal Rebuilder is designed for

Dr. Wilson created Adrenal Rebuilder especially for people who are experiencing adrenal fatigue and other issues related to adrenal depletion.

Your adrenal glands and stress

Your body has the same response to all stress, regardless of the cause, and your adrenal glands are key to this stress response. Every time you experience any kind of stress there is an inner chain reaction that prepares you to physically respond to the stressor while also preserving the physiological balance necessary to keep you alive (homeostasis). It starts when the hypothalamus in your brain signals your pituitary gland to activate stress hormone production by your adrenal glands. Adrenal stress hormones like cortisol affect almost every cell and process in your body, including energy production, immune activity, cellular maintenance and repair, gastrointestinal and cardiovascular function, sleep cycles, menstruation, libido and mental focus. So for each and every stress response, your adrenals have to produce the right amount of hormones to generate energy, gear up your body for action and biochemically modulate the activity of almost every other system. This is why hardy adrenal glands and sound functioning of this response system are essential to your ability to cope with stress and maintain wellbeing in stressful times.

How Adrenal Rebuilder supports adrenal hardiness and stress resilience

Over the centuries, glandular extracts have been taken to enhance health and are known clinically for their usefulness.* There are many scientific papers that support their efficacy.* Scientists have demonstrated that when a particular gland is consumed, constituents of that gland migrate to and are incorporated into the same gland within the body.* The glandular extracts in Adrenal Rebuilder come from the glands most important to your ability to withstand stress, especially the adrenal glands. Because Adrenal Rebuilder contains a carefully balanced blend of glandular tissue concentrates in the same form in which they occur in nature (but with the hormones removed), it provides

already constructed protein building blocks and synergistic nutrients that are tailor-made for those same glands in your body.* It is much easier and takes less energy for your body to incorporate these already formed components than to make everything from scratch.* These nutrient complexes are uniquely beneficial to the corresponding glands and cannot be found in a vitamin/mineral supplement.* When the glands of the stress response system are properly nourished and supported, they are better able to function soundly, produce balanced amounts of stress hormones, rebound more quickly and handle a greater stress load, whatever its source.* Because the adrenals rapidly use up nutrients and have to work vigorously to produce hormones throughout every stressful period, maintaining adrenal hardiness is essential to stress resilience.*

Processed to remove hormones and steroids

The glandular tissues used in Adrenal Rebuilder have been processed to remove the hormones and steroids (a type of adrenal hormone) that may be naturally present in these glands. This specially designed formula provides natural nutritive building blocks that support optimal adrenal structure and function so that the adrenal glands themselves can produce healthy amounts of the adrenal hormones as needed.*

No added stimulants

Stimulants increase a gland's activity, causing it to overwork. People may feel temporarily better when using a stimulant like caffeine, but it can eventually wear the adrenal glands down. Adrenal Rebuilder is designed to strengthen and support adrenal health and function, and consequently does not contain any stimulants because these would be counterproductive and undermine its effectiveness.*

Prion free

Prions are the micro-organisms responsible for “mad cow disease”, also known as Bovine Spongiform Encephalitis