

FREQUENTLY ASKED QUESTIONS

About us?

David Crisci is the consultant Naturopath and Pharmacist that practices and embraces Holistic and Functional medicine. He has completed extensive training in Natural and Nutritional Medicine and also has completed his International Fellowship in Anti-Aging and Regenerative/Functional Medicine through an Australian and USA based organisation (A5M/A4M) and now is a Board Certified Diplomat. He also holds an Advanced Diploma in Naturopathy, Western Herbal Medicine and Nutritional Medicine. He has been practicing this type of medicine for over 7 years and on a regular basis interacts with many world recognised health care consultants. He is also the Director and Formulator behind Adelaide Compounding Pharmacy Pty Ltd. He is a member of many healthcare organisation such as ACNEM (Australia College of Nutritional and Environmental Medicine), AIMA (Australasian Integrative Medicine Association) A5M/A4M (Australasian Academy of Anti-Ageing Medicine), IFM (Institute of Functional Medicine), PCCA (Pharmaceutical Compounding Chemist of Aust.), CMA (Complementary Medicine Assoc.), ATMS (The Australian Traditional-Medicine Society, NHAA (National Herbalist Assoc. of Aust.) and many other accredited organisations. He will also be using Heart Quest to measure Heart Rate Variability to look at human biorhythms and regulatory systems.

He will be Introducing PandoraStar Deep Trance Light Machine...

A powerful light entrainment device, PandoraStar uses flickering light to guide your brain to experience a range of beneficial states of brainwave activity, which can then be used for the purpose of healing your body, balancing your emotions, training your brain and expanding your mind.

Do you think you can help me with my health problem?

At Infinity Wellness Consultants an innovative approach to assessing and treating your health care concerns. Perhaps you have experienced being examined by your doctor, having blood tests done, x-rays or other diagnostic tests taken, only for your doctor to report back that all your tests are normal yet both you and your doctor know that you are anything but normal!. Unfortunately this experience is all too common.

Most physicians are trained to look only in specific places for the answers, using the same familiar labs or diagnostic tests. Yet, many causes of illness cannot be found in these places. The usual tests do not look for food allergies, hidden infections, environmental toxins, mold exposures, nutritional deficiencies and metabolic imbalances. New gene testing can uncover underlying genetic predispositions that can be modified through diet, lifestyle, supplements or medications.

We use a variety of innovative testing techniques and procedures to help our patients prevent illness and recover from many chronic and difficult to treat conditions. Our clinicians are highly skilled in evaluating, assessing and treating chronic problems such as fibromyalgia, fatigue syndromes, autoimmune diseases, inflammatory disorders, mood and behavior disorders, memory problems and other chronic, complex conditions. We also focus on the prevention and treatment of heart disease, diabetes, dementia, hormonal imbalances and digestive disorders.

Can all the tests I need be done at this clinic?

Most of the testing can be performed at this clinic. Some testing can be done through conventional laboratories and others are only available through specialty laboratories. During your consultation, we will determine which tests are needed and then our office assistants can review the testing recommendations, the instructions (e.g. fasting or non-fasting, etc.) and costs. Some testing can be performed at home with test kits to collect urine, saliva or stool. Others may require you to go to a local laboratory to draw the blood. In all cases, we will assist you in coordinating initial and follow-up testing.

Occasionally, we may recommend certain tests that are not performed at our facility. In those instances, we can provide you with an order that you can take to a facility near your home or we can schedule an appointment to have them done near our office.

Do you take insurance?

You will be able to claim a proportion of the consult fee from your health insurance (depends on the level of cover) but do not file insurance paperwork on your behalf. We will provide a detailed receipt for services performed for you to submit to your insurance carriers. Some insurance carriers may partially cover medical services and laboratory tests performed by the physicians. Payment in full by cheque, cash or credit card is due at the time services are provided.

What credit cards do you accept?

We accept the following credit cards: MasterCard and Visa

IMPORTANT PATIENT INFORMATION

- 1. Once IWS has your completed questionnaires and copies of all your medical records, a one-hour appointment will be to review your case. The cost for the one-hour initial appointment as well as IWS's time for reviewing your medical questionnaire, medical records and written reports is \$165.00. A cancellation fee of \$50.00 will apply if not notified of appointment being cancelled with 24 hours of the scheduled appointment.
- Your treatment may consist of dietary and lifestyle changes as well as prescribed Natural Nutraceuticals, which must be paid at the time of purchase as well as any in-house diagnostic testing.
- 3. Follow-up consultations will be scheduled every 3, 6 or 12 weeks allowing you the opportunity to discuss your progress and any concerns with IWS. IWS will at this time determine what direction to take to help you continue your progress. Your cooperation in taking "personal responsibility" in your health care will go a long way in getting better. Consultations can be conducted either by phone or in person (at the office). The fee for follow-up consultations is \$135.00 for 45minutes or \$100.00 for 30 minutes.
- 4. Abnormal laboratory tests will need to be re-evaluated. The success of your treatment will not only be measured on the reduction of elimination of your physical symptoms, but on abnormal laboratory tests returning to a normal status.
 For example: Many physicians will prescribe Lipitor for individuals suffering with high cholesterol. Your physician will also require periodic cholesterol blood tests to monitor the success of the medication. Laboratory fees can vary depending on what needs to be retested.
- 5. Other in house treatment(s) can also be recommended and provided and this maybe charged about the consultation fee. This is usually only advised upon review and recommendation with your practitioner.